KITSAP TENNIS & ATHLETIC CENTER

NOVEMBER 2026
Swimming Lessons

Mondays & Wednesdays

November 2-25

Four Week Sessions | Mondays & Wednesdays
Registration Required

Member: $84 | Non-Member: $90
Tax Not Included

Preschool 1 | Ages 3-5
Max of 4 students
- 5-5:30pm
- 6-6:30pm
- 6:30-7pm

Preschool 2 | Ages 3-5
Max of 4 students
- 5:30-6pm
- 6:30-7pm

Level 1 | Ages 6-12
Max of 6 students
- 5-5:30pm
- 6-6:30pm

Level 2 | Ages 6-12
Max of 6 students
- 5:30-6pm
- 6:30-7pm

Level 3 | Ages 6-12
Max of 6 students
- 5-5:30pm

Level 4 | Ages 6-12
Max of 6 students
- 5:30-6pm

Level 5 | Ages 6-12
Max of 6 students
- 6-6:30pm

Register at KTAC or call 360-692-8075.

1909 NE John Carlson Rd | Bremerton, WA 98311 | 360.692.8075 | kitsaptennis.com
a 501(c)(3) Organization

SWIM PREREQUISITES

Preschool Lessons are for Children ages 3-5 years

Preschool 1 — No prerequisite, no experience needed
Preschool 2 — Should be able to submerge, putting face in the water and progress 6 feet on the front and back by themselves. Must be able to float.
Preschool 3 — Should be able to swim on front and back at least 10 feet by themselves

Children ages 6 years and Up

Level 1 — No Prerequisite, no experience needed.
Level 2 — Should be able to submerge fully and swim on both front and back 15 feet without assistance
Level 3 — Should be able to swim 25 yards (from one end of pool to other), crawl stroke, back stroke, and tread water for 30 seconds
Level 4 — Swimmer should be able to swim 50 yards (down and back) proficiently in crawl stroke, backstroke, sidestroke and elementary backstroke.
Level 5 — Swimmer should be proficient in crawl stroke, backstroke, sidestroke, elementary backstroke, breaststroke, and butterfly up to 100 yards (down & back 2 times)

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B@KTAC

BE FIT, BE WELL, BE KIND, BELONG & HAVE FUN!