



July 2018 Newsletter

Message from the Manager

Dear Valued Members,

Summer is in full swing here at KTAC; check out the tennis courts to see our youth camps in action. These camps help develop future tennis players here in Kitsap County. Friday is the favorite day for the kids and coaches as it is Pizza/Water Balloon day! Come see your favorite coach get wet! Do be careful as the kids love a moving target!

Summer memberships have started and we have 17 so far. A good percentage of these memberships convert to monthly members at the end of the 3 months. If you know anyone looking for a way in before our fall special runs, this is a great way to join for 3 months and not pay a joining fee. Regular memberships are holding at about 455 for June. This is totally normal for this time of the year to dip a bit in numbers. We are still above any numbers in the past 6 years for June. Thank you for helping welcome all of the new members and a big shout out welcome to all of you new ones!

I want you to know that I am constantly out in the community trying to grow our presence and outreach programs. I have met with the Director of Stand Up For Kids and have agreed to do a food drive for them in August. This Non-Profit organization provides services to the homeless youth in Kitsap County. They provide various items to help the kids and have asked for food donations from us. I will send out a list of items as we get closer to August. This is a great opportunity to help the kids that are going without on a daily basis.

Our other community outreach program for the 1st graders is growing next year. We reached out to 3 new schools which will bring our total to 5 schools for next year. Chriss Kuykendall and I have been laying the ground work for this program and it has been a huge success. We also have a few kids that are getting tennis scholarships to participate in summer camps and drills and want to grow this as part of our outreach. Please contact me if you want to volunteer time or funds for these programs.

Thank you for being such great members; you make me love my job!! Let's keep growing together!

Sincerely,

Katrina Fulkerson
General Manager



- July 2nd -6th Tennis Camp ([register here](#))
 - July 9th-13th Tennis Camp ([register here](#))
 - July 16th -20th Tennis Camp ([register here](#))
 - July 23rd-27th Tennis Camp ([register here](#))
 - July 30th- August 3rd Tennis Camp ([register here](#))
 - July 14th Kids Night Out ([learn more](#))
 - July 16th Silver Sneaker Pot Luck ([learn more](#))
 - July 20th-22nd USTA Summer Advanced Youth Tournament ([register here](#))
 - July 20th- Yoga/Paint Workshop (Registration is Required - [register here](#))
- Upcoming
- August 1st Wellness Seminar (Speaker to be announced)
 - August Food Drive for Stand Up for Kids
 - August 6th-10th Tennis Camp ([register here](#))
 - August 11th- Kids Night Out ([learn more](#))
 - August 13th-17th Tennis Camp ([register here](#))
 - August 20th -24th Last Tennis Camp for the Summer ([register here](#))
 - September 8th – Member Picnic (details to come)





Olympic College Athletics Hall of Fame - Tennis

BOB & BILL FREDERICKS

Bill & Bob Fredericks were figureheads in regional tennis development in the early 1950's. Their dad helped build the concrete tennis courts at Warren Field, where they learned to play tennis early and often.

Bill never lost a match as a Ranger in either singles or doubles. Together with his partner Gail Davis, Bill won the Washington State Junior College doubles championships in 1950 and 1951. Bill won the singles championship in the same years.

Bob was a successful tennis player in his own right, never losing a match at OC. He went on to help found the Kitsap Tennis & Athletic Center, helping to bring many tennis tournaments to the county. He's now known as "Mr. Tennis" in Kitsap County and continues to volunteer in many tennis functions. Bob also competed on the 1948-49 men's basketball team that is being inducted in this Hall of Fame class.

Bob started volunteering back in 1951 when the college asked him to take the tennis team to the National Junior College tournament when the team's coach couldn't get the time off work. "I got \$50 and expenses," says Bob, "It's the only time I have been paid for volunteering." The Rangers competed in high heat, forcing Bill to withdraw from the main competition due to severe cramps. He rallied and won the X bracket.

Bill has passed but Bob is still active in many tennis activities in Kitsap County.



Congratulations

Congratulations to both Taylor Andersen for her win in the G16s division in the USTA Level 3 Sectional tournament in Yakima, WA and Jonah Pantig for his win in the B10 division in the Little Mo sectional tournament in Eastside Tennis Center! Aiyaan Juneja and Jonah Pantig qualified for the Little Mo Regional tournament on Sept 1st in Berkeley, CA!

Summer Tennis Camps

Summer Tennis Camps are running strong and as always are very popular. They will run each week with the last camp being held the week of August 20th!



[Register for Camp »](#)

Kitsap Junior Summer Advanced Tournament!

July 20-22th- Kitsap Junior Summer Advanced tournament. We are looking for volunteers to run the tournament desk. Sign ups will be at the front desk.



Aquatics Update

NEW CLASSES - Water Fitness

Instructor: Abby

T/TH 12:00 PM - 1:00 PM

Instructor: Katie

M/W 4:30 PM - 5:30 PM



A low impact water aerobics class to challenge you, as you are in control of your own intensity, based on your level of engagement and endurance.

**Summer Swim Lessons
are Here!**



[Register For Summer Swim Lessons »](#)

Pool Hours

Starting on Monday July 9th the pool will open earlier at 6 AM. Monday thru Friday.

Safety Reminder

Just a reminder that during adult lap swim, all swimmers should be swimming laps in the direction from shallow to deep end or visa versa. This will enable us to help keep all swimmers safe.

Swim Corner

A new Swim Corner! The new swim corner will highlight new swim programs, equipment, and personnel, and changes in the swim facility. This month the committee wants all members to know about the Friday's adult water exercise class from 9:30 to 10:30. It is run by Patty, our water aerobics instructor, this is a much smaller class than her very popular water aerobic class at 8:30, Monday thru Friday. It's a great way to try a sport that's gentle on the joints. The committee wants to thank the crew at KTAC for adding new, bright LED lights to the women's locker room. Look for all the bright new lights around the center.



Bremerton's West Sound Senior Games

Bremerton's West Sound Senior games are July 11th-14th at various places across Kitsap County, with sports varying from swimming and track and field to mini golf, horseshoes and many more for those over the age of 50. Please check them out on Facebook at West Sound Senior Games or at

[Bremerton Senior Games Information »](#)



Optum Fitness Advantage

We have added a new program to our membership. It is called Optum Fitness Advantage. This is similar to Silver Sneakers and Silver and Fit. It is a Medicare and Insurance based program through United Healthcare. If you think you might be eligible contact your insurance provider. We can also check at the front desk for eligibility. This is another great way for us to provide services to the senior population to promote a healthy living lifestyle.



New Class - Tai Chi

Our New Tai Chi Class is very popular and we are so excited to have the continued support of the membership to bring these great classes to you.

[Class Information »](#)

Farewell

We are sad to say farewell to our Land & Water Yoga Instructor Greg. We wish you all the best in everything you strive for. We are training a new water yoga instructor and will let you know as soon as they are ready to start classes.