



Criteria for Swim Lessons:

All Preschool Lessons are for Children ages 3-5 years

- Class size is 4
- **Parent Child:** Ages 6 months to 3 years – Class size is 10
- **Preschool I:** No prerequisite, no experience needed
- **Preschool II:** Should be able to submerge, putting face in the water and progress 6 feet on the front and back by themselves. Must be able to float.
- **Preschool III:** Should be able to swim on front and back at least 10 feet by themselves.

All Children ages 6 and Up:

- Class size is 6
- **Level I:** No Prerequisite, no experience needed.
- **Level II:** Should be able to submerge fully and swim on both front and back 15 feet without assistance
- **Level III:** Should be able to swim 25 yards (from one end of pool to other), crawl stroke, back stroke, and tread water for 30 seconds
- **Level IV:** Swimmer should be able to swim 50 yards (down and back) proficiently in crawl stroke, backstroke, sidestroke and elementary backstroke.
- **Level V:** Swimmer should be proficient in crawl stroke, backstroke, sidestroke, elementary backstroke, breaststroke, and butterfly up to 100 yards (down & back 2 times)