



KTAC Newsletter August 2015

FROM THE CHAIR:

The Board has decided, rather than proceeding immediately with a General Manager search, to focus on an internal restructuring of the Center management. Cathy Hunt will continue in the General Manager role and additional responsibilities will be distributed to lead positions in different departments of the organization. Please continue to support the staff and the Board in their attempt to achieve the optimum operation of the Center. Your ideas and recommendations are welcome.

Speaking of the Board, there were only 4 Board members in attendance in the July meeting. I said this once, and I will say it again, soon that will be the actual total membership of the Board. You are allowing, and not assisting, a very small set of individuals to make the important decisions about the future of the Center.

What management structure is best? How do we become perceived as a valued participant in the community? What programs/amenities do we need to emphasize to

From The Aquatics Department:

Due to unpredictable weather here in Kitsap County, we would like to remind our swimmers of our Lightning Policy. The pool will close immediately when lightning is sighted or thunder is heard. All swimmers will be asked to leave the pool deck. The pool will reopen 30 minutes after the last sighting of lightning or last clap of thunder is heard. It is further recommended that members forego showers and the use of land line telephones. Thank you for your patience!

Pool donations:

We are also looking for a few donations at the pool. See the list below!

- Gently used vest style life jackets
- Acrylic enamel satin paint for a wall mural
- Plants that enjoy the humidity

Pool Fitness classes:

We have several Pool Classes every Monday-Saturday. Details below! See our Pool schedule for more classes and details.

- Monday- Friday 8:30-9:30am w/Patti
- Friday 9:30-10:30am w/Patti
- Monday & Wed. 6:30-7:30pm w/Sierra
- Tuesday & Thursday 5:30-6:30pm w/Paul
- Saturday 9:00-10:00am w/Robert

Possible new pool fitness classes:

If you or anyone you know might be interested in the classes below, please let the Front Desk know so we can get them started!

- Expectant Mothers
- Fitness and stretching for those with MS
- Aqua Kickboxing

Last Swim session:

Don't forget the last swim camp is Aug. 17th-28th

attract membership? How do we best market? What happens if we change membership structures and dues? How do we successfully fundraise? The Board members are no different than you. Members with busy lives wishing they could just play at the Center. They saw a need (or were emotionally blackmailed by a friend) and now they are meeting their commitment. What if they didn't? It is your turn whether you have done it in the past or never done it at all. Saying that you don't like the way it operates is not an excuse, it is a reason to make it different if that is what you think is needed.

-Sandy Byrne

KTAC & AmazonSmile:

Did you know you can support KTAC while shopping at Amazon? With the AmazonSmile program, you can! What is AmazonSmile? We are here to tell you all about it.

AmazonSmile donations to KTAC!

AmazonSmile is a website operated by Amazon that lets customers enjoy the same wide selection of products, low prices, and convenient shopping features as on Amazon.com. The difference is that when customers shop on AmazonSmile (smile.amazon.com), the AmazonSmile Foundation will donate 0.5% of the price of eligible purchases to the charitable organizations selected by you, the customer.

The following link will send you directly to the smile.amazon.com, where KTAC can then be chosen as the charity you wish to support. Let us know if you have any questions!

AmazonSmileforKTAC



From the Fitness Center:

KTAC weight loss challenge:

The challenge ran from January 10th to July 11th. Congratulations to all participants who worked hard toward their goals, achieving great results and are still going strong! Be sure to congratulate our **top 3 challenge winners:**

1st place: Joe Aiken -44.2lbs

2nd place: Travis Dean -37.8lbs

3rd place: Rachel Olsen -22lbs



Check out our New Classes & Personal Training Deals:

Our new Zumba class is off to a great start! With the loss of our spin instructor, we will be replacing the Monday evening spin class with an additional Zumba class. If you're looking for a fun way to get some cardio in your day, check it out! Both classes begin at 6:30pm on Mondays and Wednesdays.

Hot August deals on Personal Training can be found here! All individual and group training packages are 20% off for the month of August. See the Front Desk for a list of packages and prices.

Enhancement Hour day next week:

Monday August 10th at 12 noon we will be cleaning and sanitizing the free weights and other fitness center equipment. Please sign up at the front desk if you would like to help out.

Word On The Tennis Courts:

Junior Tennis:

For our Junior Tennis players, the month of July was very eventful. Many of our juniors have made their runs through several tournaments around the Pacific Northwest. Kincaid Norris has done so well that he made it to every Semifinal in every tournament he played. We had two tournaments where our juniors were able to make some impressive runs. In North Central Washington at the LocalTel Champs and Challenger tournament, Sabrina Ross Neergaard (Girls 18s), Olivia Andersen (Girls 12s) and Taylor Andersen (Girls 16s and 14s) all won in their respective age groups while Kincaid Norris made it to the Semifinals of the Boys 16s and Gabriel Ross Neergaard won the Boys 14s Consolation. While some of our juniors were on the East side of the mountains representing KTAC, Tye Loan stayed back and represented at the Washington State Junior Champs playing in the Boys 18s. Tye battled through defeating number 5 seed Colton Weeldreyer 6-1; 5-7; 10-8 in the Quarterfinals and number 2 seed Michael Quinn 3-6; 6-1; 10-8 in the Semifinals before coming up a little short to Jack Katzman in the Finals 7-6(2); 6-3.

We held the Kitsap County Summer Champs tournament over the weekend of July 24th and our juniors did a phenomenal job

Additional KTAC updates and reminders:

Young adult and active military discounted memberships:

Spread the word about our ongoing Young Adult and Active Military memberships. Details below and online.

Young Adult membership:

- For ages 18 to 29 years old
- 20% discount off monthly dues
- Available for couples if both are 18 to 29 years old

Active military discount:

- For active military single, couple or families
- No joining fee
- 20% discount off monthly dues

Safety Reminder:

We would like to remind all members, staff, guests, and friends of members and guests, to please keep your eyes open for any suspicious activity in our neighborhood. **Recent thefts that have taken place here at the Center are being looked upon as extremely serious.** If you ever see anything unusual or suspicious please contact the police and the Front Desk immediately. There have been prowlers nearby at other Fitness Centers and we are making safety a top priority. We want all of our staff and members to feel completely comfortable here at our Center along with feelings of safety at all times. Report any incidents of theft, harassment, prowling, inappropriate behavior, unsafe behavior or ANYTHING that makes you or others uncomfortable to the Front Desk immediately. These behaviors are unacceptable in all areas of the building including the parking lot and all surrounding woods, streets, and paved roads. If you EVER feel unsafe walking to your car as the nights grow darker, be sure to ask a friend to walk you or ask ANY of the employees here at KTAC and we will happily walk you to your car. You can always ask us to check our cameras as well if you think you have seen suspicious activities. Thank you so much, and stay safe!

representing on their home courts. Two of our juniors, Sabrina Ross Neergaard and Danya Wallis, ended up playing each other in the G18s Finals with Sabrina coming out on top. Danya went on to win the G16s Final defeating Angela Schuster 6-1; 6-1. Yayoi Junior made it to the G12s Consolation Final and her brother Kai won the B12s Consolation Final. Taylor Fite made it to the Semifinals of the B14s coming up short against the number 4 seed Charlie Suh who went on to win the tournament. Prabh Sangha made it to the Consolation Finals but was defeated by the number 4 seed, Erik Jacobsen's nephew, Zaylan Jacobsen. Zaylan also made it to the Semifinals of the B18s coming up short against Tye. Tye went on to win both the B18s and B16s defeating Marcus Lee in both Finals 6-1; 6-1. Great job juniors! Way to represent the Center!

The weekend of August 7th, we have two Junior Tennis teams heading to Portland for the Sectionals tournament. Good luck juniors!



USTA:

As USTA summer leagues are winding down, we are starting to get sign-ups ready for the fall. We have sign-ups at the Front Desk for the 6.0, 7.0, 8.0 and 9.0 18 and Over Mixed, 55 and Over Men's and Women's leagues. If you would like to Captain a team, please get a team confirmation form filled out and returned to Will Herbert. As of right now, there are 7.0 and 8.0 teams forming. You can still sign-up at the desk or contact the 7.0 captain, John Cattell and 8.0 captains Chizu Salisbury and Alisdair Horn.

Court Reminders:

Don't forget our **Junior Tennis summer camp sessions will be finishing up soon!** See the Front desk for more info and sign up as soon as possible for these last summer sessions! We would also like to remind players: no food, drink (other than water and sports drinks) and, please, no chewing gum on the courts. We also ask that a name does not appear on a reservation more than one time in a six-hour period, except as a walk on and the use of a "false name" to reserve court time will be subject to a **\$25.00 penalty fee.** If you are more than 15 minutes late for your court time, you forfeit your reservation unless you call ahead of time. Members who make a reservation and do not show up or do not call to cancel will be charged a **\$15.00 No-Show fee.** Lastly, don't forget members need to cancel at least 3 hours prior to scheduled court reservations. Thank you!

We hope you enjoyed reading our KTAC August 2015 Newsletter. For further contact, find us at
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Sincerely,

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